

## Blue Ridge Community College - Employee Job Description

<b>Position Title:</b> <b>Fitness Room Monitor</b>	<b>Classification:</b> Work Study
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<b>Division:</b> <b>General Studies</b>	<b>Pay Rate:</b> \$8.50/hr.
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<b>Department:</b> <b>Arts and Sciences/Physical Education</b>	
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**To apply, contact:** Laura Baylor at (828) 694-1776

### **Statement of Primary Purpose:**

The Fitness Room Monitor will act as a monitor during posted weight room hours for students. The posted hours will be determined at the beginning of the semester and posted on the door and website. The monitor must be paying attention to what is happening in the fitness room. They cannot be working out themselves, reading, doing homework, using their phone or anything else that distracts them from what is going on. Their main focus is to make sure students are safe in the weight room. They will contact security if students are not following rules, or start the emergency plan if someone becomes ill or injured. The monitor must be dependable and show up on time.

### **Essential Functions and Responsibilities:**

- Opening and closing the fitness room.
- Perform a safety inspection of equipment before users begin working out.
- Sign users in and out of the room.
- Enforce the weight room safety rules.
- Remind users of the rules and if they refuse to follow the rules notify security.
- In the case of an emergency they will call 911 and the BRCC switchboard.
- Clean equipment.
  
- Make sure all weights are put away when people are done.

### **Additional Duties and Responsibilities:**

Other duties as assigned.

<b>Minimum Qualifications</b>
<b>Education:</b>
<b>Knowledge and Skills:</b> <i>Good communication skills, Knowledge of weight training as well as completion of a physical fitness course at BRCC is desirable, assertive personality, being on time</i>
<b>Physical Demands:</b> <i>Clean equipment, put weights away, spotting students</i>
<b>Date Last Revised:</b> 4/27/2017